

- ✓ Identify
- √ Support
- √Intervene
- √ Reconnect

Todd Shirley,

Chief Operations Officer

Steve Honn,

School Safety Coordinator

Forsyth County School Safety 2010

Code of Conduct
Discipline Guidelines
Cameras
Tribunals
System ID System
Drills
Lockdown Buttons
Crisis Response Plans
Visitor Entry System
System Badges
SRO's
Emergency Telephones
Cell Phones

Safety Vests and Cones

Forsyth County School Safety 2019

Student Advocacy Specialist

Positive Behavior Interventions and Supports
Mindset- Partnering with Special Education
CHAMPS – Resource Officers
Drivers Education
Drug Awareness Teaching- Parents / Students
Internet Safety Parent Education
Coaching Leadership Program
Family Foundations Class

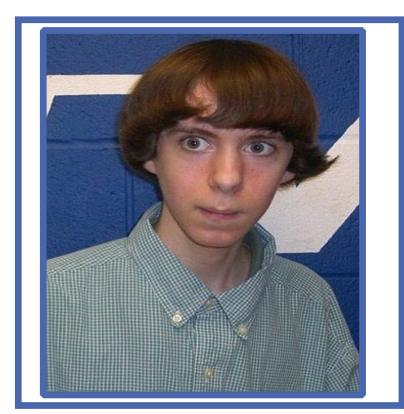
The "Stuff" MUST be proactive:

- Cameras
- Visitor Entry
- Lockdown Shades

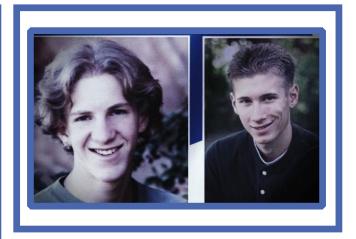


Why?











American Association of Suicidology Data

- -One suicide every 11.9 minutes
- -One attempt every 29 seconds
- -Approximately 129 suicides per day
- -47,173 deaths by suicide in 2017
- -Over 1,104,825 suicide attempts in 2015
- -25 attempts for every death by suicide
- -4 female attempts for each male attempt

*2nd leading cause of death among youth ages 10-34 (CDC, 2017)

*In youth ages 15-24, there is an estimated 100-200 suicide attempts for each suicide death (CDC, 2015)



Facilities

- Standardize district procedures for staffmanaged visitor check-in/out management and equipment placement.
- Evaluate current buildings for visitor containment modifications; new schools should have double entries.
- Evaluate the placement of security film on exterior doors and windows and privacy shades on fencing.
- Install additional staff badge readers on exterior doors.
- Evaluate video camera systems and explore additional costs for expanding employee access and monitoring.
- Increase lockdown buttons and interior closing/locking doors.
- Standardize district procedures for doors being locked and the use of magnets.
- Increase the number of emergency tourniquets and AED's in buildings.
- Expand classroom-to-office phone communications.
- Investigate Bi-Directional Amplifiers (BDA) to improve radio communication.

Staffing

- Support the BOE's hiring of additional high school Social Emotional Learning (SEL) staff in FY19 budget.
- Hire staff to work with high risk students, their families, school/district staff, supporting community/law enforcement agencies and healthcare providers.
- Maintain the goal of staffing every campus with one SRO (campus = ES and MS in close proximity).
- Evaluate increasing traditional high school SROs to two per school.
- Continue partnership with college-level nursing programs to support school clinics.

Training/Support

- Develop/enhance FCS staff/sub safety training with public safety.
- Conduct planned Code Red Lockdown drills with students and steff at least time times annually.
- Modify current lockdown video and produce additional resources for stakeholders.
- Establish a district procedure for school-to-modular movement with badge access.
- Consider expanding Threat Assessment Teams comprised of FCS staff to include external support, such as FCSO and Juvenile Court.
- Coordinate the next active shooter drill by spring 2019.
- Continue School Safety Task Force meetings, audits and "see something/say something".

Next Steps

- Bond Funding: Recommend reallocation of close to \$5 million for Energy Recovery Units (ERUs) in two newer schools to expand district-wide safety projects to approximately \$7 million.
- Parent Survey: April 18-25
- Using the Task Force recommendations and feedback from the parent survey, FCS staff will enhance the district's Strategic Plan by adding a five-year school safety plan initiative to the Operational Excellence goal plan area.
- Continuation of quarterly Task Force meetings

Hire staff to work with high risk students, their families, school/district staff, supporting community/law enforcement agencies and healthcare providers.





STUDENT ADVOCACY SPECIALIST

IDENTIFY - INTERVENE - SUPPORT - RECONNECT

POTENTIALLY Harmful actions

STUDENT THREATS TO THEMSELVES

SELF-INJURY. SUICIDAL IDEATION. SUICIDAL COMMENTS.



STUDENT THREATS TO OTHERS

HOMICIDAL THOUGHTS, HOMICIDAL COMMENTS, SCHOOL THREATS,



SIGNS OF FUTURE VIOLENCE

VIOLENT ACTS. SOCIAL, EMOTIONAL, MENTAL DISTURBANCES. WEAPONS OBSESSIONS.



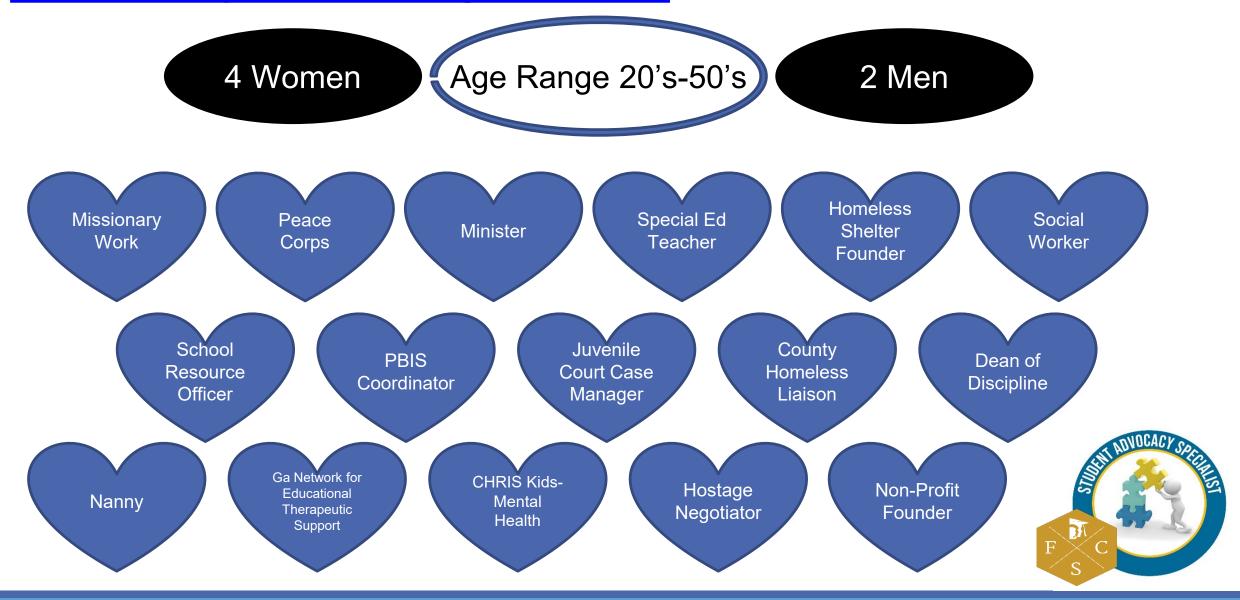
FORSYTH COUNTY SCHOOLS

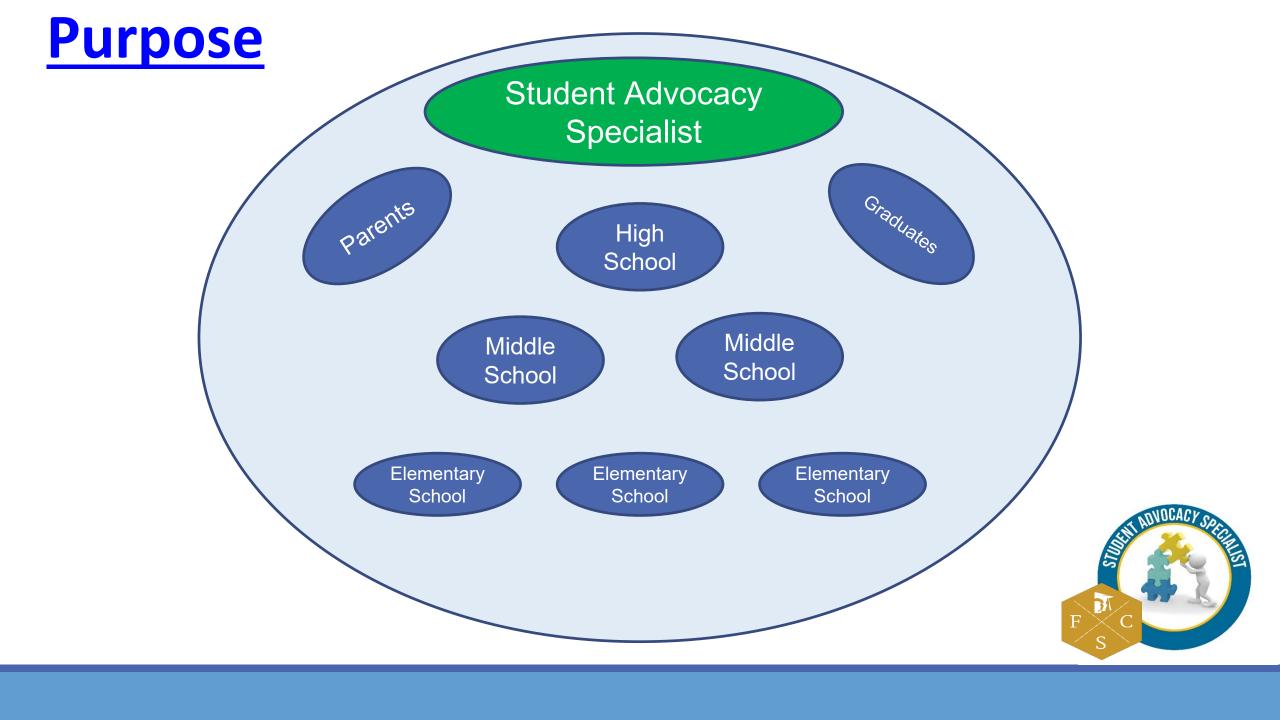
- -ADMINISTRATION
- -COUNSELORS
- -CRIME STOPPERS
- -SOCIAL WORKERS
- -STUDENT ADVOCACY SPECIALISTS
- -STUDENTS

GOVERNMENT AGENCIES

- -COMMUNITY RESOURCES SUPPORTING FAMILIES AND STUDENTS
- **-CUMMING POLICE DEPARTMENT**
- •FORSYTH COUNTY DIVISION OF FAMILY AND CHILDREN SERVICES
- FORSYTH COUNTY JUVENILE COURT
- FORSYTH COUNTY SHERIFF'S OFFICE

Diversity of Backgrounds





Purpose



Support the Highest Risk Student

Maintain Parent Contact and Support

Friday Team Meetings 2pm-4pm

Flexible Travel Schedule



Conduct Medical or Therapeutic Sessions

Extracurricular Clubs or Coaching

Hide Mandated Reportable Information

Break Student / Team Trust



What's at the Core?

Mindfulness
(being aware of the present moment without judgment)

Emotion regulation
(understanding and reducing vulnerability to emotions, changing unwanted emotions)

Distress tolerance

(getting through crisis situations without making things worse and accepting reality as it is) Interpersonal effectiveness

(getting interpersonal objectives met, maintaining relationships, and increasing self-respect in relationships)

<u>Dialectical Behavior Therapy</u> (DBT) is an approach to therapy that can help you learn to cope with difficult emotions.

DBT originated from the work of psychologist Marsha Linehan, who worked with people living with borderline personality disorder (BPD) or ongoing thoughts of suicide.

Today, it's still used to treat BPD as well as a range of other conditions, including:

Eating Disorders

Self-harm

Depression

Substance Abuse Disorders

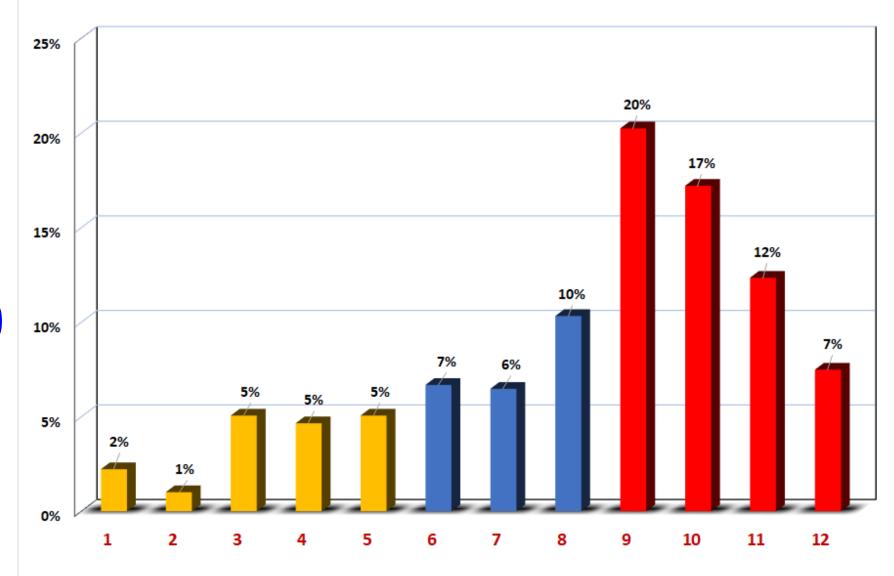


DBT, dialectical behavior therapy.

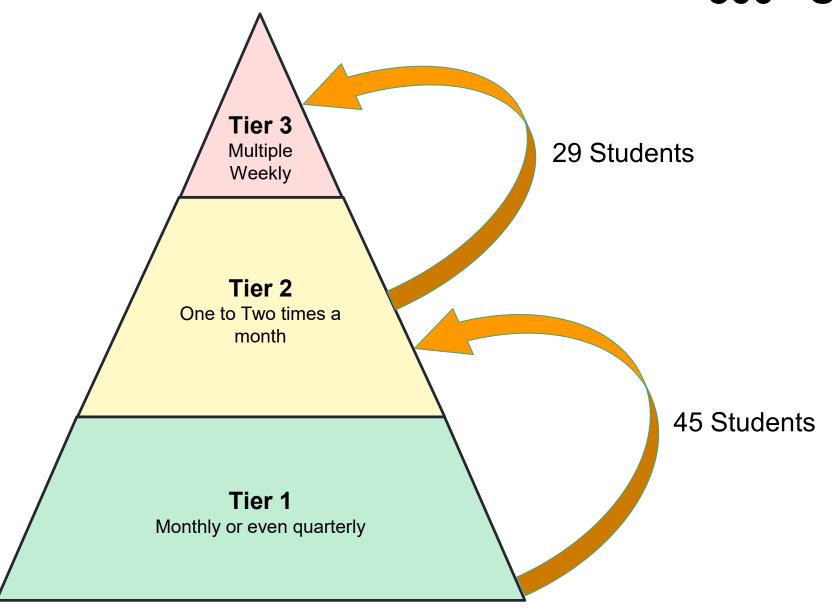
Grade Breakdown Through 7 Months

FCS: 50,000 students

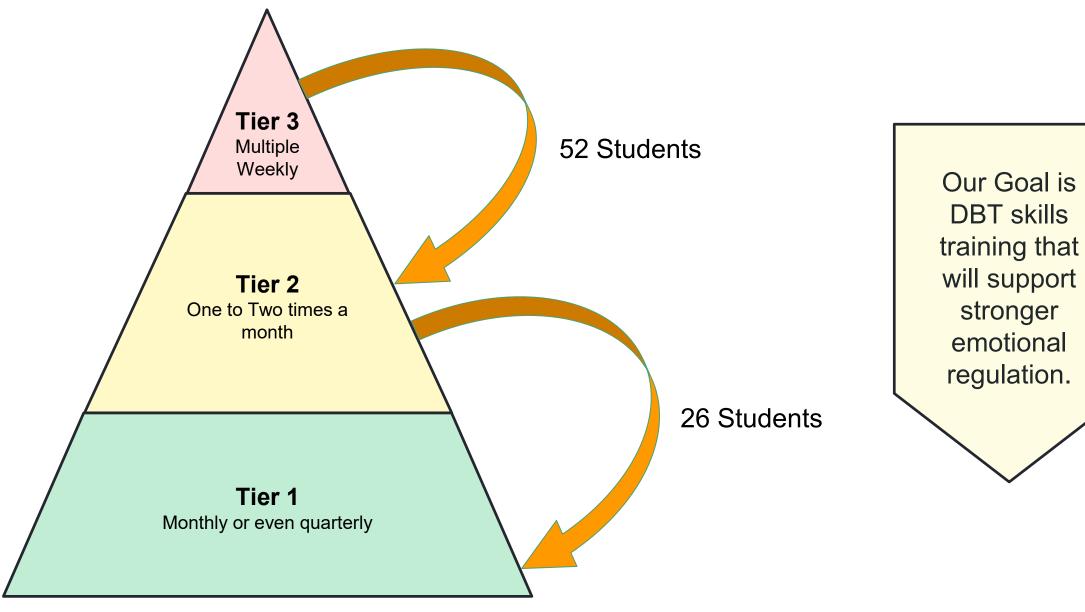




500+ Students - All Tiers



500+ Students in all Tiers



High School:

(Student) returned to school. Came to me 1st thing. Said he was in hospital 4 days and returned home on Friday. Placed on medication

Not feeling better- Stated that they can't fix this in 4 days but realizes it could take 4-6 weeks before RX help. Explained that he was having suicidal and homicidal thoughts- Angry about people bullying other people-was thinking that he would want to kill them and then kill himself.





Tell me more about when you were hospitalized- why do you think they diagnosed you with PTSD?

Doctor told him that he thought he had PTSD due to the events with his Mom being a drug addict and the other events that took place- while with Mom he lost a lot of weight because he wasn't being fed. Same thing when he left his grandmothers to live with his Dad. Step Mom did not like him and did not feed him. He also lost weight while there before he was hospitalized. Threat to harm himself and possibly others.





Middle School:

(Student) made threats of suicide to friends-taken to hospital-evaluation completed and she was released recommending counseling- next day she told friends that she only told them what they wanted to hear and that she was going to commit suicide on Tuesday Oct 30.





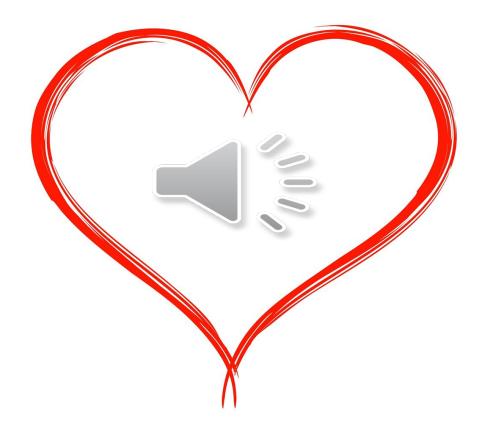
Elementary School:

Administrator referred STUDENT to me because yesterday while he walking around the playground he was making a gun with his fingers and pretending to shoot himself in the head. Most of his drawings are of people killing people. While speaking with STUDENT he made the statement "I don't want to be here anymore." He stated that he was angry and "I want suicide." Dad is in another state several weeks/months at a time. For the last three years STUDENT has made suicidal statements all around March 20-23. When speaking with mom the administrator referred her to several counselors for an evaluation. Mom was on board with me meeting STUDENT and welcomed the assistance.





What do the kids say??????





FORSYTH COUNTY STUDENT SAFETY COLLABORATIVE

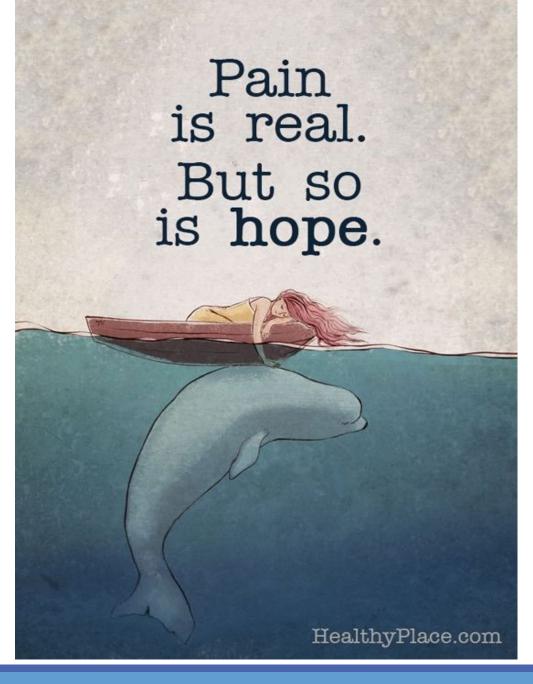
<u>Introduces</u>: A skills-based program supporting families of children with Emotional Dysregulation

Family Foundations

Course Content:

- Education & Research on Emotional Dysregulation & Mental Ill
- Skills training for families based on Dialectical Behavior Therapy
- Relationship Mindfulness Skills
- Effective Communication Skills
- Validation Skills
- Development of a support network





√Questions?

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